

The Power of Air!

At 23 years old, Lauren wasn't expecting to become part of a "Crash for Cash" situation on the way to work as a Macmillan Cancer Nurse. Her small Citroen car was hit from the back at 50 mph by a white van, deploying the airbag which absolutely worked and saved her from the first hit. The second contact from the front at 50mph, wasn't so fortunate. The airbag had deflated, and her head contacted a metal bar and the steering wheel.

The result multiple bruising body wide and a "Harry Potter" style gash measuring 18cm in total across the forehead just above her eyebrows. Such a positive lady in nature, she dutifully waited for the 8 weeks before I could commence treatment. The main concerns were tethering in the centre of the "V", which pulled the skin down and inwards, attaching strongly to the fascia of the skull. This gave the impression she says, laughing, of looking continuously surprised, much to the amusement of her younger brother. It has stopped her from frowning, showing other expressions and was generally numb and tender to the touch. Lauren had no expectations from MSTR®, only understood that others had received positive results.

Lauren was intrigued to see if the scar could be changed cosmetically and bring back the eyebrow function.



- 2cm width tethered to the cranial fascia. Lifting the fascia and the left eyebrow upwards.
- Length of scar 18cm.
- Area swollen and residual bruising still present 2 months post-accident.



- 2 MSTR® treatments later, 7 days apart.
- Length of scar reduced to 16cm.
- Tethered section now moves freely and is clearly not attached to the structures below.

The anatomical changes are clear, these were secondary in many ways to how she feels. The scar is a continuous in the mirror reminder of the accident, now she feels this intensity has reduced by 60%. No more flashbacks, calmer and ready to return to work. The ability to move her forehead and know that the scar will continue to fade untethered has been "life-affirming".

This experience created a massive "thumbs up" from her father who sees the positive changes every day. Another humbling MSTR® experience.

Paula Esson. BSc. MSTR® Instructor.

